

SINCE 1931

SCOTLAND'S GARDENS

GROWING AND GIVING

ANGUS & FIFE GARDEN TRAIL

MAY - JUNE 2015

TWELVE
FABULOUS
GARDENS

OPEN FOR
CHARITY

Visit our website for further details
WWW.ANGUSFIFETRAIL.ORG.UK

Scottish Charity No: SC011337

THE ANGUS & FIFE GARDEN TRAIL

Scotland's Gardens is introducing an exciting new venture into their 2015 programme – The Angus and Fife Garden Trail. Following the fantastic success of the Fife Garden Trail in 2013, you will now be able to follow this Trail across the silvery Tay to include some beautiful gardens from Angus.

Running over May and June, this year's Angus & Fife Trail provides an opportunity to see 12 privately owned gardens, all different and several of which have rarely admitted visitors before. It also offers a very flexible way to visit the gardens whether you wish to visit the area and see all gardens in short succession (26-28 May and 2-4 June) or take the two months to see them all. The gardens can also be visited at different times of the day, with some open all day, some in the afternoon only and others in the afternoon and evening. Some include plants for sale, others the option of teas.

Follow this Trail *sans frontiers* around four amazing Angus gardens and to Fife to eight more fabulous gardens! The gardens represent a diverse range of character and design from the beauty and scent of a bluebell wood in late spring to a garden designed around the ancient art of herbal medicine. Some gardens are symmetrical and formal while others are flowing and irregular. Others again are designed as a combination of formal structure with naturalist romantic perennial plantings within. There are gardens designed to entice and draw the garden visitor from one space to the next providing a sense of travel and discovery or to invite the curious to enjoy many unusual plants at close quarters. So please plan to join us for what we hope to be a memorable garden trail experience.

And please do note that all this is offered to raise money for charity, with two very worthwhile cancer charities in Angus and Fife earmarked along with Scotland's Gardens' traditional beneficiaries. So please help us to help our community while sharing some of our best gardens with you.

A ticket for The Garden Trail makes a perfect gift and do treat yourself as well!

GROWING
AND
GIVING

ADMISSION

£25 (plus £1 P&P) for entrance to all gardens.

Early Bird Price: £20 (plus £1 P&P) available until 28 February 2015.

Accompanied children free.

TICKETS

A limited number of tickets are available and may be purchased by credit card at www.angusfifetrail.org.uk or by cheque payable to Scotland's Gardens from S. Lorimore, Willowhill, Forgan, Newport on Tay, Fife DD6 8RA.

BENEFICIARY CHARITIES

60% net of the proceeds from The Angus & Fife Garden Trail is shared between Scotland's Gardens' beneficiary charities:

- Maggie's Cancer Care Centres



- The Queen's Nursing Institute Scotland



- The Gardens Fund of the National Trust for Scotland



- Perennial



For more information visit www.scotlandsgardens.org/beneficiaries

The remaining 40% to be divided equally between the charities Worldwide Cancer Research, St Andrews, Fife and Macmillan Cancer Care, Brechin, Angus.

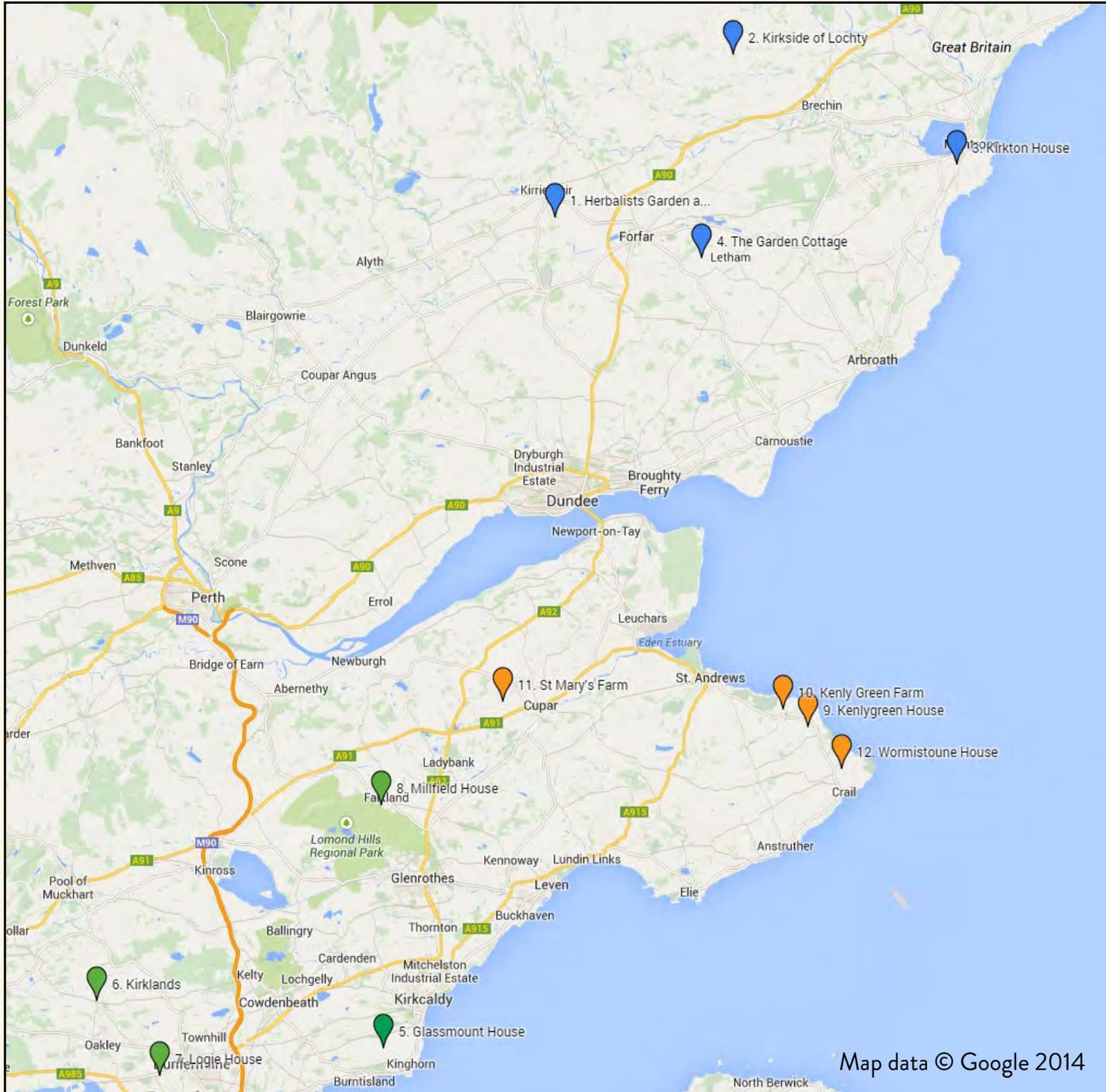
WE ARE
MACMILLAN.
CANCER SUPPORT

worldwide
cancer research
formerly known as AICR

OPENING TIMES AT A GLANCE

ANGUS		TUESDAYS								
1	Herbalist's Garden at Logie	1pm - 6pm	-	-	-	26 May	2 Jun	9 Jun	16 Jun	23 Jun
2	Kirkside of Lochty	11am - 5pm	-	-	19 May	26 May	2 Jun	9 Jun	16 Jun	23 Jun
3	Kirkton House	11am - 5pm	5 May	12 May	19 May	26 May	2 Jun	9 Jun	16 Jun	23 Jun
4	The Garden Cottage	1pm - 7pm	5 May	12 May	19 May	26 May	2 Jun	9 Jun	16 Jun	23 Jun
SOUTH / CENTRAL FIFE		WEDNESDAYS								
5	Glassmount House	12noon - 4pm	6 May	13 May	20 May	27 May	3 Jun	10 Jun	17 Jun	24 Jun
6	Kirklands	11am - 4pm	-	-	20 May	27 May	3 Jun	10 Jun	-	-
7	Logie House	11am - 3pm	6 May	13 May	20 May	27 May	3 Jun	10 Jun	17 Jun	24 Jun
8	Millfield House	4pm - 8pm	-	-	20 May	27 May	3 Jun	10 Jun	17 Jun	24 Jun
EAST / CENTRAL FIFE		THURSDAYS								
9	Kenlygreen House	10am - 4pm	-	14 May	21 May	28 May	4 Jun	-	-	-
10	Kenly Green Farm	3pm - 7pm	-	-	21 May	28 May	4 Jun	11 Jun	18 Jun	25 Jun
11	St Mary's Farm	4pm - 8pm	-	-	21 May	28 May	4 Jun	11 Jun	18 Jun	25 Jun
12	Wormistoun	11am - 4pm	7 May	14 May	21 May	28 May	4 Jun	11 Jun	18 Jun	25 Jun

GARDEN LOCATIONS



1. HERBALIST'S GARDEN AT LOGIE

Kirriemuir DD8 5PN
www.angusherbalists.co.uk
Terrill and Gavin Dobson



Terrill is a practicing herbalist and she has created a unique and interesting garden around her practice to help others learn more about the ancient art of herbal medicine.

The Herbalist's garden at Logie is set amidst an 18th century walled garden and large Victorian-style greenhouse within Logie's organic farm. While primarily a teaching and learning garden, some herbs featured here are of sufficient quantity to allow production of tinctures and teas to be used in the adjacent herbal clinic.

Featuring more than 150 herbs, this physic garden has been designed using the classic knot garden style with box hedging. The garden is divided into eight rectangles with each of these including medicinal herbs that have an affinity for a particular system of the body. These include the heart and circulation, digestion, nervines (herbs to nourish the nervous system), women's reproductive herbs, and immune, respiratory, and urinary herbs. All the herbs are labelled with a brief description of actions to help novices learn more about this ancient art. It will quickly be seen that these herbs have multiple properties and affinities. Nature is very clever indeed!

The garden also includes a Herbaceous Border with a honeysuckle and wisteria covered pergola and productive Fruit & Vegetable garden. The south-facing wall is lined with Plum and Apple trees. And the greenhouse holds a variety of plants and herbs not sufficiently hardy for the Scottish climate.

OPENING TIMES

Tuesdays May 26 and June 2, 9, 16, 23, 1pm-6pm.
DIY teas, featuring herbal teas, of course! Plant sale.

DIRECTIONS

From the A90 exit A926 towards Kirriemuir and just after "Welcome to Kirriemuir" sign on left take a sharp left onto a single-track road. Then take first left and follow signs to The Walled Garden and Clinic.

2. KIRKSIDE OF LOCHTY

Menmuir, by Brechin DD9 6RY
James and Irene Mackie



Originally containing just a few rhubarb bushes, two old apple trees and some climbing ivy this semi-formal garden of approximately two acres was created from scratch by Irene seventeen years ago.

Rather than the whole being designed from the outset the garden has evolved into four areas or rooms all of which have a different character. The drive and front area is a spring garden full of many unusual woodland plants. A small parterre area links to a formal summer garden of bulbs and herbaceous perennials. Beyond this garden a wild flower meadow, cut once a year, attracts many bees and other wildlife. Adjacent to the meadow lies a woodland area of summer interest with many Rowan varieties and 3 beds of mixed plantings and a particularly large collection of ferns.

The overall effect is a combination of good design with eye-catching plant combinations of rare and unusual bulbs, perennials and ferns and a garden with a long season of interest.

Irene trained at Art College in Aberdeen and has taught painting. More recently her main interest has been botany and collecting herbaceous perennials and ferns.

OPENING TIMES

Tuesdays May 19, 26 and June 2, 9, 16, 23, 11am-5pm.

DIRECTIONS

Leave the A90 two miles south of Brechin and take the road to Menmuir. After a further two miles, pass a wood on the left and a long beech hedge in front of the house.

3. KIRKTON HOUSE

Kirkton of Craig, Montrose DD10 9TB

Campbell Watterson



Kirkton House, formerly the Craig Manse, was built in 1805 as part of the development of the Rossie Castle Estate by Hercules Ross, a friend of Lord Nelson and father of one of the pioneers of Scottish photography, Horatio Ross. The house consists of a Regency core, with turret-buttresses and gothic blind arcading on the parapet, with Victorian wings to each side.

The gardens at Kirkton House, which cover two acres, have been developed over the last 10 years. The garden at the front of the house was designed by Michael Innes and consists mainly of lawn and topiary. To the side of the house the walled garden previously used for keeping horses has been transformed into a formal garden. The design is around a huge Urn centred within a formal rose garden surrounded by yew hedges. Strong lines of herbaceous borders along one wall and lime alleé with fritillaries and snowdrops along the other lead to an arboretum of mixed trees with an area dedicated to acers. To the front lie a formal pond and sunken garden with grasses, bamboos and espalier pears. Statuary and leadwork can be seen throughout the garden.

Two other gardens, the dog garden and wild garden are both informal in layout and provide a distinct contrast to the walled garden. The dog garden, dedicated to the family bassets, has a good display of rhododendrons and azaleas and contains a large paved area with pots of roses, lilies and agapanthus. The wild garden contains a natural pond, pines and rowans underplanted with bluebells. And in the glebe beyond there is a flock of 30 Jacob sheep.

OPENING TIMES

Tuesdays May 5, 12, 19, 26 and June 2, 9, 16, 23, 11am-5pm.

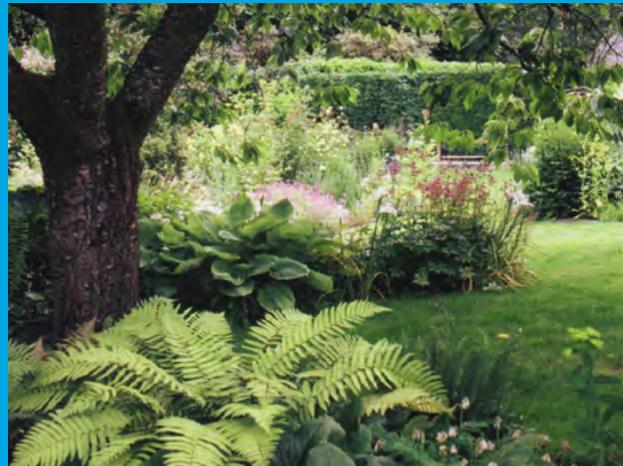
DIRECTIONS

One mile south of Montrose, off A92 at the Balgove turn-off, follow lane for ½ mile.

4. THE GARDEN COTTAGE

Dunnichen DD8 2NX

Nora Craig



This half-acre garden was originally the orchard adjacent to a walled garden. By 1974 all that remained were two old fruit trees and four mature deciduous trees. The area has been transformed over the last forty years into a garden in which small trees, several shrubs, hardy herbaceous plants, grasses, ferns and bulbs intermingle.

Surrounded by a mature woodland backdrop, the garden is on a gentle south facing slope and has an open airy feel.

The cottage style garden with a nine foot high old stone wall, west facing and running the length of the garden, is planted with climbers and herbaceous plants. An extensive lawn encircles several large island beds. Unusually, the borders and island beds are laid out with narrow graveled paths criss-crossing the plantings and invite the curious to discover many unusual plants at close quarters.

Trained in horticulture at the West of Scotland College, Auchincruive, with experience at Bressingham gardens in Norfolk, Lauries of Dundee and running her own small nursery for a number of years, Nora is an experienced plants woman. Further experience was gleaned when Beechgrove visited The Garden Cottage in August in 2014. There is a wide range of unusual plants growing here, principally herbaceous.

OPENING TIMES

Tuesdays May 5, 12, 19, 26 and June 2, 9, 16, 23, 1pm-7pm.

DIRECTIONS

Four miles south-east of Forfar on the B9128. Bear left ¼ mile after Kingsmuir to Letham. On entering Dunnichen turn left immediately. The cottage is on the right and signposted.

5. GLASSMOUNT HOUSE

By Kirkcaldy KY2 5UT
James and Irene Thomson



Irene Thomson, a painter, has created the garden at Glassmount House over the last 12 years. Her canvas, an old walled orchard put to grass is now filled with a garden packed to the gunnels with flowering shrubs, perennials and trees.

Snowdrops and daffodils are followed by a mass of candelabra and cowslip primula, meconopsis and *Cardiocrinum giganteum*. Then hedges and topiary form backdrops for an abundance of bulbs, clematis, rambling roses and perennials, creating interest from spring through to autumn. As the season progresses tall plants predominate creating an exciting exuberant jungle of planting.

The walled garden contains attractive original features of an A-listed sun dial, Mackenzie & Moncur greenhouse and historical doocot. Original water tanks for the greenhouse were only recently discovered after 35 years under grass in the drying green and have been transformed into a fish pond and water feature. Additional structures including summerhouses and a pavilion have been built by Irene and son Peter.

Reflecting the activities of a family of artists, the garden is quirky and highly original with features such as a former gentleman's outfitter mannequin posing as a Greek god. Other attractions created by Peter include decorative woodpiles, follies and cabins, temples, new studio and 'Pool Hoose' built using recycled and found materials.

For those interested in art there is a small gallery some of Peter and Sarah McLaren's paintings, for shed lovers there's Peter's entry in the Channel 4 Shed of the Year 2014. See www.petermclarenfineart.com/Glassmount/n-rbhZf/i-PwpXKV7

6. KIRKLANDS

Saline KY12 9TS
www.kirklandhouseandgarden.co.uk
Peter and Gill Hart



Kirklands was built in 1832 on the site of an older house. Peter and Gill moved to the property 38 years ago and began creating the garden. They thought it might take 20 years, but 38 years later they are still working at it.

Apart from a few of the larger rhododendrons and shrubs, there was little that could be described as a garden when they arrived. Over the years most of the walls have been rebuilt. The walled garden was a sloping paddock. Terracing finally started in 2006 after being on the list of jobs for many years. Now it is a productive vegetable and fruit garden with raised beds. There are paths around the garden so you can walk round without getting your feet wet.

A former paddock is now the woodland garden which is full of life in April and May with hellebores, bluebells, trilliums, wood anemones, bluebells, erythroniums, pulmonarias and rhododendrons. The rockery behind Kirklands was thought to be the base of an ancient tower, although Peter and Gill have not found any remnants of it. It too, is best in April and May when it is covered in spring flowering bulbs and dwarf rhododendrons. In June and July the herbaceous borders take centre stage. The aim is to have areas of interest in the garden for most of the year.

To the south of Kirklands and down the slope lies the Saline burn and the bog garden with candelabra primulas, huge gunneras and marsh marigolds. Take a walk over one of the bridges and along the pathway into 20 acres of ancient woodland.

OPENING TIMES

Wednesdays May 6, 13, 20, 27 and June 3, 10, 17, 24, 12-4pm.

DIRECTIONS

West from Kirkcaldy on B9157, left after 2 miles signposted for Kinghorn. Turn right at crossroads. House is 200yds uphill on your right. From Kinghorn take B923 past EcoCentre for a mile to crossroads. Turn left. House is 200yds uphill on your right.

OPENING TIMES

Wednesdays May 20, 27 and June 3, 10, 11am-4pm.
Plant stall.

DIRECTIONS

Junction 4 M90, then B914 into the village of Saline. Parking in the bus turning circle then a short walk to Kirklands off Bridge Street, next to the old graveyard. Limited parking at Kirklands for those who have difficulty walking.

7. LOGIE HOUSE

Crossford KY12 8QN

Mrs Sarah Hunt



The south east facing garden of Logie House was originally designed as a traditional formal walled garden. Fruit and vegetables were grown elsewhere at Pittencrieff Park until the property was bought by Andrew Carnegie. The garden was then extended to incorporate a fruit and vegetable growing area, possibly designed by Robert Lorimer while engaged with interior alterations of Logie House. Central to the overall design is a long straight path through a double mixed border which links the original walled garden to the fruit and vegetable area and extends into the tree belt beyond.

Vegetables, flowers and fruit are all equally important in the garden and long rows (no half-hearted rows here) of delicious vegetables also contribute to colour and design when seen from the house and terrace. The fruit and vegetable area also contains a magnificent and very productive Mackenzie and Moncur greenhouse in excellent condition with original benches, fully working vents and original central heating system with a huge boiler worthy of the Queen Mary!

Against the house there is a mixture of flowering climbers including trained pears, a tall wisteria and old apple trees, of which there are, apparently, about 14 varieties within the garden. As well as the long double mixed borders the garden contains a long border of repeat flowering roses, rose and annual beds in the lawns with mixed and shrub borders along the garden walls, all contributing to a long season of colour and interest.

OPENING TIMES

Wednesdays May 6, 13, 20, 27 and June 3, 10, 17, 24, 11am-3pm.
Plants and produce available from Logie House garden.

DIRECTIONS

M90 exit 1 for Rosyth and Kincardine Bridge (A985). After 2 miles turn right to Crossford. At traffic lights in Crossford turn right and the drive opening is on the right at the end of the village main street.

8. MILLFIELD HOUSE

Falkland KY15 7BN

Rob, Sarah and Aaron Marshall



Millfield House was a private home until the recent past when it was turned into a school boarding house for about 10 years. When the Marshall family bought the house in 2009 the walled garden was laid to lawns and the surrounding gardens were overgrown with potted, laurel, scrub and ground elder.

Just 5 years later the garden has been cleared, redesigned and recreated by Sarah and son Aaron. Millfield House, a fine 1800's stone building, sits within the garden and with stone walls, stable block, steading and garage provides an attractive backdrop to the plantings.

The garden is divided into different areas: to the south lies a formal walled garden of yew, lime and box with herbaceous borders, rose beds and raised beds for cut flowers and vegetables. Beyond the formal garden a heritage apple orchard has been planted leading to woodland beyond. The gardens to the front and sides of the house are of a more relaxed naturalistic style with curved paths and borders, some with a small burn winding through. The borders contain mixed plantings of shrubs, bulbs and herbaceous perennials and small trees to complement the larger more established mature trees fringing the garden.

The overall design is to entice and draw the garden visitor from one space to the next: within the walled garden long views are created along a cruciform design using yew and lime to lead to the orchard beyond the walled garden or to herbaceous borders, rose beds or fountains within. Winding paths in the informal gardens give long views of the borders and lead the eye to the area beyond, from one garden to the next providing a sense of travel and discovery.

OPENING TIMES

Wednesdays 20, 27 May and 3, 10, 17, 24 June 4-8pm.

DIRECTIONS

Turn off main road into Falkland, go straight around fountain up lane, road turns left. Gates for Millfield house straight ahead. Parking on street at entrance or in village centre. Some disabled parking available at house. Several coffee shops/pubs in village.

9. KENLYGREEN HOUSE

Boarhills KY16 8PT

John and Victoria Kilgour



Kenlygreen is situated 4 miles south of St. Andrews, this A-listed house was built in 1790, which is when the garden was first laid out. Many of the original trees have continued to maintain the structure of the garden as successive planting has been carried out over many generations.

Over the last century there have been 4 different owners, who have all put their own stamp on the garden. The previous owners, Mr and Mrs Leslie laid out paths through the bluebell wood 50 years ago. And, it is these paths that are still in use today.

The path initially goes along a ridge, passing a natural spring which would have supplied an earlier settlement. After walking past the stables the path winds between mature trees and shrubs adjacent to the Kenlyburn, which surrounds Kenlygreen, before returning to the house.

After enjoying the bluebells, visitors are encouraged to wander around the rest of the garden.

OPENING TIMES

Thursdays May 14, 21, 28 and June 4, 10-4pm.

DIRECTIONS

From St Andrews A917, continue past Boarhills turning. Entrance is 90° left through narrow stone gate-posts, straight after a narrow bridge. Drive to the house for parking directions. A shorter and easier walk can be suggested.

10. KENLY GREEN FARM

Boarhills KY16 8PP

Frank and Bernice Roger



Originally a field, Frank's grandmother created a garden at Kenly Green Farm over 91 years ago. The garden was formal in design with food and leisure in mind: straight rows of vegetable were grown along a south facing wall with a grass tennis court on the lawn between vegetable area and house. Walls were built around the garden as a wind break and to keep in tennis balls. The west side of the garden incorporated an old steeply sloping road originally created for horse and cart to take corn sheaves over a now long gone bridge to the threshing mill. Known as 'the mound' the old road became a large raised rockery with views over the garden and fields beyond.

The mound now provides a tremendous viewing point over a garden created by Bernice that has evolved into a riot of colour all summer. Originally with no interest in gardening Bernice was drawn to the garden by her love of flowers and started creating borders 30 years ago. Spending more and more time gardening, and giving up golf in the process, the garden is now her passion.

Strongly influenced by the island beds at Bressingham gardens, created by Alan Bloom, the design has been transformed from straight lines of vegetables beds into curved borders with island beds in the old tennis court. A wide range of herbaceous perennials predominate with some annuals for extra colour and a few shrubs as backdrop.

The plantings are designed to reflect the seasons with little in the winter through to exuberant colour from late May until October and with flowers everywhere.

OPENING TIMES

Thursdays May 21, 28 and June 4, 11, 18, 25, 3pm-7pm.

DIRECTIONS

Off the A917, east of St Andrews, turn left after the village church.

11. ST MARY'S FARM

St Mary's Road, Cupar, Fife KY15 4NF

Michael Innes and Carolyn Scott



Michael Innes and Carolyn Scott bought St Marys Farm in 1987. Initially they restored and lived in the farmhouse but from 2001 to 2007 they slowly converted the farm steadings into one house in which they now live. The original garden ground extended across the south side of both the farmhouse and the farm buildings so it was necessary to separate the two and create a garden for the new house. This was done in 2005.

Michael is a busy garden designer but, along with work commitments, he has many interests in life. Although gardening is important to him he is wary of creating something that takes up too much time. The main intensive garden area is only 25 x 25m, enclosed by walls on three sides and a yew hedge, planted in 1989, on the fourth side.

The house opens directly onto the garden so it has to have all year round interest and be a practical space for outdoor living. The area has a strong hard landscape element – terrace, steps, perimeter walls, paved paths, metal arches – and also some architectural planting – yew hedges, box hedges, yew topiary. Within this there is very intensive planting which succeeds in giving colour from February to October along with winter interest from the garden structure.

Michael is keen on growing vegetables so they have a small productive area within the enclosed garden which provides most of their summer needs along with a greenhouse for both vegetables and propagating.

Out with this there is a small courtyard garden with formal pool, a wild pond area and about 2 acres of woodland which was planted when they bought the house. The buildings themselves are interesting being a traditional “Z” plan farm steading with horse mill which, although restored and converted to modern use, still retain much of their original character.

OPENING TIMES

Thursdays May 21, 28 May and 4, 11, 18, 25 June, 4pm-8pm.

DIRECTIONS

Take the A913 from Cupar towards Newburgh. On the edge of Cupar, by Duffus Park, at the end of the 30mph speed limit, turn left along a small, unsigned, country road. The farm is just over a mile on the right hand side.

12. WORMISTOUNE HOUSE

Crail KY10 3XH

Baron and Lady Wormiston



Wormistoune is one of Fife's horticultural jewels. Situated at the tip of the East Neuk, and tucked away in woodland policies, the modest 17th century Scots tower house stands adjacent to a beautiful sheltered 1.5 acre walled garden.

James and Gemma McCallum have spent 20 years restoring Wormistoune and creating this garden gem with its strong structure of formal hedges and intimate garden rooms. The design particularly reflects James' love of all things Scottish, Gemma's interest in interior design and their joint desire to make this a playful and magical garden for their whole family.

Wormistoune is well-known for its main herbaceous border which runs east-west along the garden's spine and peaks in July, for its elaborate thistle-shaped parterre and for its productive potager and beautiful fritillary-filled wildflower meadow. Head Gardener Katherine Taylor is now working to extend the garden's season of interest. She is interested in naturalistic design and the underlying principle of 'right plant, right place' and this has influenced her designs for the generous and romantic perennial plantings that have replaced several overgrown borders during the last three years. Other developments include the re-landscaping of a large pond outwith the walled garden and associated new borders.

These are exciting times at Wormistoune. Major building works to extend the house and enhance its historical authenticity are underway and will be followed by new garden areas around the mosaic cross and doocot to the west of the house. These works will slightly restrict public access but nonetheless this early summer opening will allow you to enjoy the garden as it wakes up for a new season.

OPENING TIMES

Thursdays May 7, 14, 21, 28 and June 4, 11, 18, 25, 11am-4pm.
Plant stall.

DIRECTIONS

One mile north of Crail on the A917 Crail to St Andrews road.

SUPPORTING MACMILLAN LOCALLY

When you have cancer, you don't just worry about what will happen to your body, you worry about what will happen to your life. How to talk to those close to you. What to do about work. How you'll cope with the extra costs.

At Macmillan, we know how a cancer diagnosis can affect everything. So when you need someone to turn to, we're here, because no one should face cancer alone. We can help you find answers to questions about your treatment and its effects. We can advise on work and benefits, and we're always here for emotional support when things get tough.

Right from the moment you're diagnosed, through your treatment and beyond, we're a constant source of support to help you feel more in control of your life.

We provide vital medical, practical and emotional support and our financial support is crucially important too.

In 2013, across Angus, Dundee, Perth and Kinross we awarded £101,357 in Macmillan Grants, helping 333 local families. £45,070 of this total comprised fuel grants, awarded to 253 families. We are delighted that Scotland's Gardens want to help us fund much-needed support like this.

Macmillan has a network of financial advice services across Scotland that also help people affected by cancer identify the benefits they are

entitled to. Our recent Unclaimed Millions report found that 32% of people are dying from cancer without receiving benefits and allowances to which they are entitled. £100 spent on funding a face-to-face benefits adviser could help people affected by cancer claim £1,900.

To help cancer patients and carers find out what benefits they may be able to claim, Macmillan has also launched an easy-to-use online program called Benefits Made Clear. The interactive guide, which is the first provided by a charity, can be found at www.macmillan.org.uk/benefitsmadeclear.

Across Scotland, we've invested over £5 million in Transforming Care After Treatment, launched in June 2014. We're working with the Scottish Government, the NHS and local authorities, including Dundee, to improve care after treatment and help people recover after treatment ends.

We are millions of supporters, professionals, volunteers, campaigners and people affected by cancer. Together we make sure there's always someone here for you, to give you the support, energy and inspiration you need to help you feel more like you. We are all Macmillan.

For support, information or if you just want to chat, call us free on 0808 808 00 00 (Monday to Friday, 9am–8pm) or visit macmillan.org.

in aid of

WE ARE MACMILLAN. CANCER SUPPORT

A registered charity in England & Wales (261017),
Scotland (SC039907) and the Isle of Man (604)





YOUR SUPPORT MAKES ALL THE DIFFERENCE.

Worldwide Cancer Research was founded on the principle of supporting the best and most promising cancer research worldwide.

We believe that only the freedom to fund the most innovative and challenging research, no matter where in the world it occurs will help us to reduce incidences of cancer and improve survival for everyone.

In nearly 35 years, we have awarded over £180 million in research grants to some of the world's best scientists across 34 different countries. We fund research into all cancer types. We do not limit our scientists and almost 40% of the projects we have funded could be relevant to all cancers.

However, we rely on the generous support of the general public. Without your vital donations the research won't get funded.

So thank you for supporting our work. We believe that, with the right research we will one day see no life cut short by cancer.

TWO OF OUR CURRENT DUNDEE UNIVERSITY PROJECTS.

Finding ways to prevent drug resistance

Professor Paul Clarke is studying Mcl-1, a molecule associated with anti-cancer drug resistance.

High levels of Mcl-1 are found in many cancer cells, and the molecule is thought to protect cells from dying. Treatments like Taxol can help to destroy Mcl-1 and kill the cells. But molecular mechanisms exist which protect Mcl-1 and defend the cancer from drug attack. Professor Clarke is studying these mechanisms, with an ultimate aim of reducing treatment resistance.

Profiling a new gene linked with many different cancers

Dr Gareth Inman is investigating a new gene which he believes could have a major role in cancer progression.

What many of our genes actually do is still a mystery. But just one of these 'unknown' genes could turn out to be the next big target for treating cancer. This is why Dr Inman has turned detective, and is using a range of molecular techniques to study the new gene in cancer cells and patient tumour samples. If he can help pin down exactly how the gene works in cancer, it could open up new treatment opportunities with potentially wide-ranging impact.



VISITING OUR GARDENS

The Scotland's Garden Guide Book containing full details of all the gardens opened during the year is available in leading bookshops and other appropriate retail and tourist outlets from early December.

Details can also be found at www.scotlandsgardens.org.

WOULD YOU LIKE TO OPEN YOUR GARDEN FOR CHARITY?

Scotland's Gardens is a registered charity established in 1931 which raises funds for worthy charities by facilitating the opening of large and small gardens of horticultural interest throughout Scotland to the public. From grand estates to pocket handkerchief-sized plots, exotic tropical gardens to outdoor garden studios, local villages and garden clubs and even allotment gardens - all are of interest.

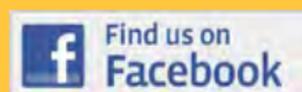
By opening your garden or gardens with Scotland's Gardens you will benefit from our established and successful marketing network, our administrative support, insurance provision and also our experience and advice.

As well as raising funds for Scotland's Gardens beneficiary charities, garden owners are able to nominate a charity of their choice to receive 40% of the funds raised. Whether the charities chosen are small and local or large, well-known organisations, garden openings provide a great opportunity for friends and neighbours to get together as a community event, have fun and raise funds for charity.

If you would like to know more about opening your garden for Scotland's Gardens, please contact us and we will arrange for a local Organiser to contact you with further information.



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GARDENS

GROWING AND GIVING

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INFO@SCOTLANDSGARDENS.ORG

TEL: 0131 226 3714

Scottish Charity No: SC011337