

INCLUDING
FIFE SPRING &
SUMMER TRAILS

OPEN GARDENS

Scotland's
GARDENS
Scheme
OPEN FOR CHARITY

2019 FIFE GARDENS

WWW.SCOTLANDSGARDENS.ORG
Scottish Charity No: SC011337

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www.theplant-market.co.uk



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FIFE TRAILS

FIFE SPRING TRAIL

With gardens open on weekdays, from the 16th April – 3rd May, the Fife Spring Trail is a treat for any garden lover. It's a unique opportunity to visit some of Fife's most spectacular privately-owned gardens.

The Fife Spring Trails kick off with the Spring Cambo Plant Fair, a family-friendly day out with a wide range of plants on sale from a selection of local nurseries. There is a wide variety of gardens open, from 17th-century historic-terraced gardens with stunning views (Balcaskie), to a thriving community garden complete with woodland, orchard, allotment plots and a Primary School garden (Strathkinness). From rhododendrons to spring bulbs, trilliums to orchards, these gardens show case an inspirational mix of the best that spring has to offer.

FIFE SUMMER TRAIL

The gardens open in the Fife Summer Trail, over weekdays from 3rd June – 13th June, highlight the wonderful creativity and dedication of gardeners.

From the formality of a symmetrical layout and fantastic use of colour at Greenhead Farmhouse, to imaginatively clipped yew hedges that form garden 'rooms' in the walled garden at Wormistoun. The garden at Glenbeg has been designed for wheelchair access, to allow owner Liliias to tend to her raised beds, pond and cut flowers. Visitors can take inspiration from the north-facing garden at Millfield House, with its intricate tree walks of hazel, cherry and bulb meadows.



CHARITIES

40% net of the proceeds goes to Scotland's Gardens Scheme's beneficiary charities. The remainder will be split equally between the Rotary Club of St Andrews' Arclight Eye Project and East Neuk First Responders.

ADMISSION

£25 for entrance to all gardens. Accompanied children free. Pre-sales tickets available only online at Eventbrite. Tickets otherwise available on the day at the gardens. Gardens can also be visited individually for £5.00 each.

FIFE SPRING TRAIL

The Fife Spring Trail comprises six unique gardens and one plant fair, at Cambo Gardens. Visitors can enjoy a wide variety of gardens, with special collections of endangered species from the Southern Hemisphere (Cedar Cottage) or a tulip adorned walled garden and bluebell covered 'Millennium Wood' (Teasses). It's a wonderful opportunity to explore a plantsman's garden undergoing gradual re-development (Rosemount Cottage) and spring woodland with terraced walled garden (Kirklands).

OPENING TIMES

SUNDAY PLANT SALE

Cambo Plant Fair	12pm-3pm	14 April
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MONDAYS

Rosemount Cottage	2pm-5pm	29 April <i>only</i>
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TUESDAYS

Strathkinness Community Garden	2pm-4pm	16, 23, 30 April
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WEDNESDAYS

Kirklands	2pm-5pm	17, 24 April & 1 May
Rosemount Cottage	2pm-5pm	1 May <i>only</i>

THURSDAYS

Cedar Cottage	1pm-4pm	18, 25 April & 2 May
Rosemount Cottage	2pm-5pm	2 May <i>only</i>

FRIDAYS

Balcaskie	1pm-4pm	19, 26 April & 3 May
Teasses	10am-4pm	19, 26 April & 3 May



THE GARDENS

Balcaskie

Pittenweem KY10 2RE

Cambo Plant Fair

Kingsbarns KY16 8QD

Cedar Cottage

Mill Road Craigrothie KY15 5PZ

Kirklands

Saline KY12 9TS

Rosemount Cottage

21 Main Street, Ceres KY15 5NA

Strathkinness Community Garden and Orchard

Bonfield Road KY16 9RR

Teasses Gardens

near Ceres KY8 5PG

BALCASKIE

Pittenweem KY10 2RE

The Anstruther Family

T: Head Gardener Duncan Travers - 07738 933033

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Balcaskie House and Gardens were originally designed by Sir William Bruce in the late 17th century. The three terraces below the house currently undergoing restoration are aligned on The Bass Rock and offer wonderful vistas of the Firth of Forth. Spring sees the mature rhododendrons and magnolias looking grand in the American Garden. Sweeps of spring bulbs including three cornered leeks and spring snowflakes in the surrounding woodlands come to life.

Directions: SatNav post code KY10 2RE or follow the brown signs to Kellie Castle - the entrance to Balcaskie is almost opposite. Take the road into Commielaw Farm, which leads onto the north drive of Balcaskie. As there are no passing places on the drive, the exit will be via the east gate which will take you into Pittenweem.



Balcaskie

CAMBO PLANT FAIR

Kingsbarns KY16 8QD
Trustees of Cambo Heritage Trust
T: 01333 451040
cambo@camboestate.com
www.camboestate.com

Invited nurseries will join Cambo to provide a wide range of rare and interesting plants. A great day out for the family. Children's activities, daffodil meadow, walled garden and woodland walk to the sandy beach. Enjoy the exhibitions and Nosebag Cafe in the recently restored Georgian Stables, which make up the Cambo Visitor Centre.

Directions: A917 between Crail and St Andrews.



CEDAR COTTAGE

Mill Road, Craigrothie KY15 5PZ
Mr Ian Douglas
T: 01334 828 423

This plantsman's garden consists mainly of plants from the mountain and forest areas of the Northern Hemisphere. The main collections are rhododendron, sorbus, trillium, meconopsis and conifers. It also includes a number of endangered species from the Southern Hemisphere.

Directions: Just off the A916 in the centre of Craigrothie.



KIRKLANDS

Saline KY12 9TS
T: 01383 852737
E: gill@i-comment360.com
W: www.kirklandshouseandgarden.co.uk

Kirkland's garden is bursting into life. The rockery is chocolate box bright with hundreds of miniature flowering bulbs and many dwarf rhododendrons in flower. In the woodland the hellebores, wood anemones, daffodils and snakehead fritillaries are competing with each other to put on the brightest display.

Directions: Junction 4, M90, then B914. Parking in the centre of the village, then a short walk to the garden. Limited disabled parking at Kirklands.



ROSEMOUNT COTTAGE

21 Main Street, Ceres KY15 5NA

Gavin and Sarah Anderson

T: 01334 829289

This is a garden undergoing gradual re-development. It is probably accurate to describe it at the moment as a plantsman's garden specialising in trilliums, erythroniums, glaucidiums and hellebores and other acid loving plants. Depending on the season, clematis also features prominently.

Directions: Just along from the Spar shop, and on the opposite side of the road.



Strathkinness Community Garden and Orchard

STRATHKINNESS COMMUNITY GARDEN AND ORCHARD

Bonfield Road KY16 9RR

Strathkinness Community Trust

T: 01334 850649

This two-acre garden was established in 2011 and consists of the primary school garden, small allotment plots, a polytunnel producing fruit and vegetables throughout the year, habitat planting, herbaceous beds, shrub beds, herb garden, soft fruit cage, and a 50-tree orchard of apples, pears, plums, and quince, some of which should be in blossom. Whilst in the village you may wish to look at the new village green with an interesting-named tree collection and Bishop's Wood just outside the village now owned and being developed by the Strathkinness Community Trust.

Directions: The Community orchard and Garden is on Bonfield Road, which is accessed off Main Street, Strathkinness.





Teasses Gardens

TEASSES GARDENS

near Ceres KY8 5PG

Sir Fraser and Lady Morrison

T: Head Gardener, Craig Cameron - 07966 529205

E: Craig@Teasses.com

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The season at Teasses erupts in colour in late April with vibrant tulip blooms punctuating the verdant green of fresh perennials in the walled garden. Meander through our Millennium wood to witness a mass of Spanish bluebells and early flowering rhododendrons. In the open spaces enjoy the lingering blooms of 'Pheasant Eye' *Narcissus*, *Narcissus* 'Thalia' and fragrant *Narcissus* 'Bridal Crown'.

Directions: Between Ceres and Largo. Enter by Teasses Estate farm road, half a mile West of Woodside Village.



FIFE SUMMER TRAIL

Garden open season is in full swing, and this year gardeners of Fife are throwing open their garden gates for a summer trail.

There will be eight gardens open over the fortnight, showcasing very different and wonderful designs. From a baby Victorian walled garden with mixed borders and fruit trees at Gordonshall Farm, to a later Edwardian landscaped garden with stunning views, rockeries and water features, including a granite grotto with waterfall pool at The Tower.

The air will be heavy with the perfume from the English roses at Straiton Farmhouse, which flourish alongside their tree peonies. Visitors can enjoy meandering among the island beds and overflowing borders at Kenly Green Farm, down a crab apple and rose tunnel or pleached lime avenue in the walled garden at Millfield House.

THE GARDENS

Glenbeg

South Road, Cupar KY15 5JG

Gordonshall Farm

Carnbee, Anstruther KY10 2RU

Greenhead Farmhouse

Greenhead of Arnot, Leslie KY6 3JQ

Kenly Green Farm

Boarhills KY16 8PP

Millfield House

Falkland KY15 7BN

Straiton Farmhouse

Straiton Farm, Balmullo KY16 0BN

The Tower

1 Northview Terr, Wormit DD6 8PP

Wormistoune

Crail KY10 3XH

OPENING TIMES

MONDAYS

Glenbeg, Cupar	1pm-4pm	3, 10 June
Straiton Farmhouse	10am-1pm	3, 10 June
The Tower	4pm-8pm	3, 10 June

TUESDAYS

Greenhead	4pm-8pm	4, 11 June
Millfield House	4pm-8pm	4, 11 June

WEDNESDAYS

Gordonshall Farm	10am-4pm	5, 12 June
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THURSDAYS

Kenly Green Farm	1pm-4pm	6, 13 June
Wormistoune	10am-4pm	6, 13 June



Greenhead Farm

GLENBEG

South Road, Cupar KY15 5JG
Lilias and Alistair Smith
T: 01334 653 266

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When Lilias and Alistair moved to Glenbeg, the front garden was mainly shrubs, most of which have been kept. They have introduced a lot of under planting and bulbs, as there were none before. Lilias is gradually including different varieties of liliium. The back garden has been laid out so that she can enjoy gardening from her wheelchair, with fruit, a miniature orchard, raised beds, a raised pond and narrow borders with peonies, irises, delphiniums, poppies and many alstromeria, which are cut for the house.

Directions: On the left-hand-side of South Road, leaving Cupar on A914, by two bus stops.



GORDONSHALL FARM

Carnbee, Anstruther KY10 2RU
Mihai and Louisa Cocris
louisacocris@gmail.com

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The garden, restored by the current owners, is a baby Victorian walled garden with mixed borders of herbaceous, roses, shrubs some fruit trees and seasonal vegetables. There is a newer garden also created by the owners in the last eight years to the rear and east of the house with a pond and mixed planting with lawn around the pond.

Directions: Gordonshall is accessed through Carnbee, and lies just east of the hamlet. Carnbee is north of the B9171.

GREENHEAD FARMHOUSE

Greenhead of Arnot, Leslie KY6 3JQ

Mr and Mrs Malcolm Strang Steel

T: 01592 840459

The south-facing garden combines a sense of formality in its symmetrical layout, with an informal look of mixed herbaceous and shrub borders and a large display of alliums throughout. The garden is constantly evolving with new themes and combinations of plants, all unified by a fantastic use of colour. There is also a well-stocked polytunnel which is used to augment the highly productive fruit and vegetable garden.

Directions: A911 between Auchmuir Bridge and Scotlandwell.



KENLY GREEN FARM

Boarhills KY16 8PP

Frank and Bernice Roger

T: 01334 880 227

Deep, richly planted herbaceous borders surround a lawn scattered with island beds featuring more colourful planting. There is also a rose border and large rockery area. Large blocks of colour are the dominant feature of this garden, and the enclosing walls are also clothed in a variety of climbers, complimenting the Virginia creeper covered house.

Directions: The first farm on the left as you turn into the village of Boarhills.



Kenly Green Farm

MILLFIELD HOUSE

Falkland KY15 7BN

Sarah Marshall

T: 07584 620534

Millfield's four-acre garden is on the north facing slope of East Lomond Hill. Due to its aspect the garden can be late. There may still be tulips and rhododendrons or if it is warm the roses may have started. There are numerous peonies, and new plantings of alliums, iris, ornithogalums, *Gladioli bysantiana* and leucojum which are scattered throughout. A stream runs through the garden, planted with Candelabra primula. There is a mountain ash grove, a hazel walk, old apple orchard and cherry walk, all of which incorporate bulb meadows. The walled garden includes a crab apple and rose tunnel, a pleached lime avenue and a pond with fountain. There are also rose and perennial beds and shrub and perennial borders around the walls.

Directions: Millfield is at the west end of Falkland. From the High Street, take the road signposted to *Leslie*. Millfield is on the left-hand-side.

STRAITON FARMHOUSE

Straiton Farm, Balmullo KY16 0BN

Mrs Barbara Pickard

T: 01334 870203

bmpickard@clara.co.uk

A profusion of spring bulbs and unusual flowering shrubs and clematis inter-planted with well established herbaceous borders. A large well established collection of English roses and herbaceous and tree peonies are also to the fore in early summer.

Directions: From Cupar enter Balmullo via A914 from Dairsie, pass the telephone box and shop, leave the village and take the second exit left on a sharp right-hand bend. From Dundee approach Balmullo on A914, go under the railway bridge and take the second right, signposted Lucklawhill. At the T junction, turn right and follow road straight on past the telephone box and down the hill to the farm visible in the distance. If using a SatNav please ignore if directions are given to Logie and down the quarry road as it is disused and unsafe. You should approach Straiton from the St Michaels, Balmullo Road which will be well signposted.



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Millfield House

THE TOWER

1 Northview Terrace, Wormit DD6 8PP

Peter and Angela Davey

T: 01382 541635 or 07768 406946

adavey541@btinternet.com

.....
Situating four miles south of Dundee, this one-acre Edwardian landscaped garden has panoramic views over the River Tay. Set on a hill, a series of paths meander around ponds and a small stream, rockeries featuring hellebores and low-level planting, a curved lawn and larger borders. Original woodland paths lead to a granite grotto with waterfall pool. At the rear of the house the vegetable garden features raised beds made from granite sets. We have recently removed rhododendrons to create more space for seating and flower beds.

Directions: From B946 park on Naughton Road outside Spar shop and walk up path on the left following signs.



The Tower

WORMISTOUNE HOUSE

Crail KY10 3XH

Baron and Lady Wormiston

T: Katherine Taylor, Head Gardener 07905 938449

ktaylor.home@googlemail.com

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The ongoing restoration and transformation of this 'pocket' estate's 17th century Scot's tower house and gardens continues to evolve and delight. Within the walled garden, imaginatively clipped yew hedges enclose 'rooms' filled with luxuriantly planted herbaceous borders, a productive potager garden, wildflower meadows, an intricate box parterre, water features and a magical shade garden which is home to four of Scotland's largest *Griselinia littoralis* specimens. In recent years planting has extended into the wider woodland policies and highlights include a new Nuttery (inspired by Sissinghurst), extensive wildflower meadows and waterside plantings surrounding an impressively landscaped pond.

Directions: One mile north of Crail on the A917 Crail to St Andrews road. Crail/St Andrews bus.



Wormistoune House

GARDENER'S QUESTION TIME

Ask our gardeners
any questions
you have - they
love to share
their gardening
experience and
plant expertise.





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**SEE OUR WEBSITE FOR
GARDEN OPENINGS IN
OTHER PARTS OF SCOTLAND**

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OTHER GARDEN OPENINGS IN FIFE:

GARDENS OPEN ON SPECIFIC DATES

SATURDAY 27 APRIL

THE TOWER



1 Northview Terrace, Wormit DD6 8PP
1:00pm - 5:00pm £4.00

SUNDAY 5 MAY

EARLSHALL CASTLE



Leuchars KY16 0DP
2:00pm - 5:00pm £5.00

SUNDAY 12 MAY

46 SOUTH STREET



St Andrews KY16 9JT
2:00pm - 5:00pm £5.00

SUNDAY 19 MAY

BALCARRES



Colinsburgh KY9 1HN
2:00pm - 5:00pm £6.00

SUNDAY 26 MAY

ST FORT WOODLAND GARDEN

St Fort Farm, Newport-on-Tay DD6 8RE
1:00pm - 5:00pm £5.00

SOUTH FLISK



Blebo Craigs, Cupar KY15 5UQ
2:00pm - 5:00pm £5.00

KIRKLANDS



Saline KY12 9TS
2:00pm - 5:00pm £5.00

SUNDAY 2 JUNE

EARLSHALL CASTLE



Leuchars KY16 0DP
2:00pm - 5:00pm £5.00

SUNDAY 23 JUNE

PITTENWEEM: GARDENS IN THE BURGH



Pittenweem KY10 2PQ
11:00am - 5:00pm £5.00

.....
HIDDEN GARDENS OF NEWBURGH



Newburgh KY14 6AJ
12:00pm - 5:00pm £5.00

SUNDAY 30 JUNE

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BACKHOUSE AT ROSSIE ESTATE



By Collessie KY15 7UZ
2:00pm - 5:00pm £5.00

.....
BOARHILLS VILLAGE GARDENS



St Andrews KY16 8PP
2:00pm - 5:00pm £5.00

SATURDAY/SUNDAY, 20/21 JULY

.....
CRAIL: SMALL GARDENS IN THE BURGH



2 Castle Street Crail KY10 3SQ
1:00pm - 5:00pm £5.50

.....
DALGETY BAY GARDENS



Dalgety Bay KY11 9HH
2:00pm - 5:00pm £5.00

SATURDAY 3 AUGUST

.....
THE TOWER



1 Northview Terrace, Wormit DD6 8PP
1:00pm - 5:00pm £4.00

.....
WILLOWHILL



Forgan, Newport-on-Tay DD6 8RA
2:00pm - 5:00pm £5.00

SATURDAY 10 AUGUST

.....
WILLOWHILL



Forgan, Newport-on-Tay DD6 8RA
2:00pm - 5:00pm £5.00

SATURDAY 17 AUGUST

.....
WILLOWHILL



Forgan, Newport-on-Tay DD6 8RA
2:00pm - 5:00pm £5.00

SATURDAY 24 AUGUST

.....
WILLOWHILL



Forgan, Newport-on-Tay DD6 8RA
2:00pm - 5:00pm £5.00

SATURDAY 31 AUGUST

.....
WILLOWHILL



Forgan, Newport-on-Tay DD6 8RA
2:00pm - 5:00pm £5.00

SUNDAY 29 SEPTEMBER

HILL OF TARVIT PLANT SALE AND AUTUMN FAIR



Hill of Tarvit, Cupar KY15 5PB

10:30am - 2:30pm £2.00

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& AUTUMN FAIR**



GARDENS OPEN ON A REGULAR BASIS

1 APRIL - 30 SEPTEMBER (NOT SUNDAYS)

GLASSMOUNT HOUSE



By Kirkcaldy KY2 5UT

2:00pm - 5:00pm £5.00

GARDENS OPEN BY ARRANGEMENT

17 MARCH - 31 MAY

LINDORES HOUSE



By Newburgh KY14 6JD

£5.00

T: 01337 840369

1 APRIL - 30 SEPTEMBER

KIRKLANDS



Saline KY12 9TS

£5.00

T: 01383 852737 E: gill@i-comment360.com

THE TOWER



1 Northview Terrace, Wormit DD6 8PP

£4.00

T: 01382 541635 M: 07768 406946 E: adavey541@btinternet.com

ROSEWELLS



Pitscottie KY15 5LE

£5.00

E: birgittamac@hotmail.co.uk

1 APRIL - 31 OCTOBER

ST FORT WOODLAND GARDEN

St Fort Farm, Newport-on-Tay DD6 8RE

£5.00

T: 07974 083110

1 MAY - 30 JUNE

SOUTH FLISK



Blebo Craigs, Cupar KY15 5UQ

£5.00

T: 01334 850859 E: julia@standrewspottery.co.uk

1 MAY - 30 SEPTEMBER (NOT WED, SAT OR SUN)

LOGIE HOUSE



Crossford, Dunfermline KY12 8QN

£5.00

T: 07867 804020

1 JUNE - 31 JULY

HELENSBANK



Kincardine FK10 4QZ

£4.00

T: 07739 312912 E: Helensbank@aol.com

1 JUNE - 30 AUGUST

WORMISTOUNE HOUSE



Crail KY10 3XH

£5.00

T: Katherine Taylor, Head Gardener 07905 938449

E: ktaylor.home@googlemail.com

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SCOTLAND'S GARDENS SCHEME

Since 1931 Scotland's Gardens Scheme has been raising money for charities, big and small, by helping open gardens of horticultural interest throughout Scotland to the public.

Many of the gardens that open under the Scotland's Gardens Scheme banner are privately owned and therefore normally inaccessible to the public. This is a fantastic opportunity to visit the gardens of Scotland whilst helping raise funds for charity.

60% of funds raised at the garden openings goes to charities of the Garden Owners' choice whilst 40% net is shared between:

- Maggie's Cancer Care Centres
- The Queen's Nursing Institute Scotland
- Perennial

More details on the gardens highlighted here, and in other districts, can be found on our website and in the Scotland's Gardens Scheme guidebook, available through the website and in leading bookshops and tourist outlets.

KEY TO SYMBOLS



Plants for sale



New garden



Homemade teas



Basic teas



Cream teas



Refreshments



Partial wheelchair access



Full wheelchair access



Dogs on leads



Children's activities



National plant collection



Champion trees



Designed landscape



Accessible by public transport



Snowdrops & Winter Walks

TO FIND OUT MORE ABOUT US

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SCOTLAND'S GARDENS SCHEME
23 CASTLE STREET, EDINBURGH EH2 3BN
T: 0131 226 3714